

## **Indigenous Teachings (Teachings vary from community to community)**

Receiving Indigenous teachings is an honour and requires readiness, respectful listening, and heart learning in living into right relationships.

### **Anishnaabe Traditional Teachings**

[http://www.nativewomenscentre.com/files/Traditional\\_Teachings\\_Booklet.pdf](http://www.nativewomenscentre.com/files/Traditional_Teachings_Booklet.pdf)

### **Four Directions (Ojibwe teaching)**

<http://www.fourdirectionsteachings.com/transcripts/ojibwe.html>

### **Four Sacred Medicines** (cedar, sage, sweetgrass,

tobacco)<http://www.wabano.com/clinic/traditional-medicine/>

**Seven Fires** <http://www.thealgonquinway.ca/English/timeline-e.php>

**Seven Grandfather Teachings** <http://www.netnewsledger.com/2014/11/27/elder-dave-courchene-explains-first-nations-seven-teachings/>

### **Two Row Wampum Treaty 1613.**

One of the oldest treaty relationships. <http://kec.qc.com/wp-content/uploads/2013/11/two-row-wampum.pdf>

<http://honorthetworow.org/learn-more/history/>